Toilet Surround

These instructions are to be used in conjunction with the information that your Occupational Therapist has already discussed with you.

WHAT IS A TOILET SURROUND?

- A toilet surround provides rails for support to enable people who have difficulty getting on/off the toilet to do so safely and independently.

- This piece of equipment is used where the height of the toilet is satisfactory.

TO INSTALL:

- Place the toilet surround centrally around the toilet with the horizontal bar across the front of the toilet. Ensure that the toilet surround is stable.

- Adjust the height to allow the user to sit and stand with ease. Your Occupational Therapist can advise you regarding the appropriate height.

ADJUSTING THE HEIGHT:

- To adjust the leg length, push the button in and slide the internal leg piece up or down to the appropriate notch.

- One leg has extra holes which can be adjusted to help stabilise the toilet surround if the floor is uneven.

HOW TO USE THE TOILET SURROUND:

- To sit on the toilet surround, move backwards until you can feel the seat behind your legs. Place both your hands on the armrests to support your body and then slowly lower yourself down.

- When getting off the toilet surround, move your bottom to the front edge of the seat ensuring your feet are firmly placed on the floor. Use the armrests to push yourself into standing position, leading with your head and shoulders.

PRECAUTIONS & SAFETY:

- Ensure that the toilet surround is stable with all four feet on the floor. The frame must not slide around when being used.

- Ensure that the toilet paper is easily reached.

- Ensure that you place both your hands on the rails to lower yourself down and push yourself up so that the frame does not tip.

MAINTENANCE & CLEANING:

- Ensure that you regularly clean toilet surround with a mild disinfectant.

- After cleaning, always re-check toilet surround to ensure it is secure.

- Should the equipment appear damaged – **DO NOT USE**. It may require replacing.