



CLINICAL ASSISTANCE GUIDE

ASPIRE VIDA FOLDING WHEELCHAIR

Aspire Vida Folding Wheelchair

The Aspire Vida is a super lightweight manual wheelchair ideal for quick trips to the shops, appointments and catching up with friends. It has an ergonomic backrest and seat shape that follows the contours of the user to maximise comfort and postural support. The 135kg safe working load caters to a broad range of users.

AVAILABLE IN 3 MODELS AND 3 SEAT WIDTHS:

All wheelchairs have four wheels and a cross-folding aluminium frame, making them light and easy to store and transport. They all offer great manoeuvrability, stability, height adjustable leg rests for a customised fit and are equipped with a padded mesh seat and backrest, push handles, swing-away and lift off legrests and padded armrests.

Aspire Vida – Attendant Propelled (AP): The Aspire Vida AP model has 13-inch rear wheels.



Aspire Vida – 400mm
(Mustard)



Aspire Vida – 450mm
(Teal)



Aspire Vida – 450mm
(Magenta)



Aspire Vida – 500mm
(Olive)

Aspire Vida – Self Propelled (SP): The Aspire Vida SP model has 22-inch removable rear wheels.



Aspire Vida – 400mm
(Mustard)



Aspire Vida – 450mm
(Teal)



Aspire Vida – 450mm
(Magenta)



Aspire Vida – 500mm
(Olive)

Vida X – Self Propelled (SP): Like the Vida SP, the Vida X is a self-propelled wheelchair with additional design features such as a shiny purple or matte black frame, quilted backrest and 22-inch removable rear mag-wheels.



Aspire Vida X - 450mm
(Purple)



Aspire Vida X – 450mm
(Matte Black)

FEATURES

Lightweight frame design	<p>Ensures easy lifting in and out of cars; ideal for carers</p> <p>Minimum weights:</p> <ul style="list-style-type: none"> • Vida AP 400/450 – 8.8 kg • Vida AP 500 – 9.3 kg • Vida SP 400/450 – 7.5 kg • Vida SP 500 – 8 kg • Vida X 450 – 7.5 kg <p><i>Minimum weight refers to the weight of the wheelchair with the legrests removed (AP model) or legrests and wheels removed (SP and VIDA X models)</i></p>
Easy Transportation and compact storage	<p>Numerous design features make these wheelchairs easy to 'fold and go' or disassemble for transporting and storing in compact spaces.</p> <p>This includes:</p> <ul style="list-style-type: none"> • Lightweight frame • Simple and intuitive folding back and seat • Folding footplates and removable legrests • Removable wheels (on SP/Vida X models)
Contoured and padded seating	Ergonomic backrest and seat shape follow the contours of the user to maximise comfort and postural support
Attendant operated hand brakes	With parking lock, for increased safety and ease of use
Swing away and removable legrests	Assist with stand-transfers, as well as lifting and stowing the wheelchair
Adjustable height footplates	With safety heel straps
Available in 3 models	Vida Attendant Propelled, Vida Self Propelled and Vida X Self Propelled
Available in 3 seat widths	<ul style="list-style-type: none"> • AP – 400/450/500mm • SP – 400/450/500mm • Vida X – 450mm
135kg Safe Working Load	Caters to a broad range of users
Anti-tippers	Available as an accessory
Lap Belt	Available as an accessory
Seat Height	Anterior – 500mm Posterior – 460mm
Rear Storage Pocket	To store small essentials when out and about

IDEAL USER CONDITIONS

The Aspire Vida Folding Wheelchair is designed to enable access to community activities such as appointments, shopping trips and social outings and would assist:

- Frail and older people with reduced mobility
- Those requiring a transport wheelchair due to reduced mobility, safety or endurance
- Family and formal carers

All Vida wheelchair models are designed for users under 135kg in weight. There are 3 seat width options in both the AP and SP models, to accommodate different user requirements; all with a fixed 420mm (16.5") deep seat. The fabric clothes guard provides some accommodation for different body shapes and extra seasonal clothing.

Considerations:

- The Vida AP, Vida SP and Vida X wheelchairs are not designed for the occupants to be transported in a vehicle while seated in the wheelchair. If this is required, ask our sales consultants about other wheelchair options
- The Vida AP wheelchairs are able to be propelled by an attendant with the push handles
- The Vida SP and Vida X SP wheelchairs can also be propelled by an attendant but also offer the occupant independent mobility through use of the larger self-propelling rear wheels
- These wheelchairs are designed for indoor use and specified outdoor use
 - When used outdoors, these wheelchairs must remain on sealed, level terrain e.g. shopping centres, medical centres, flat and level footpaths, and environments with accessibility-focused layouts
 - When using outdoors, it is suggested that anti-tip wheels are fitted

CLIENT OUTCOMES

Assisted mobility within the home:

- This compact and lightweight wheelchair is suitable to use within the home to support those with limited balance, mobility or endurance
- Larger rear wheels and the lightweight frame enable the user to self-propel or to be assisted to access areas of their home
- Easy, compact folding enables convenient storage when not in use

Assisted local community access:

- The folding wheelchair can be placed in the boot or back of a car for mobility support during community visits such as appointments, shopping trips or social outings

Supported socialisation, health and wellbeing:

- Wheelchairs provide increased mobility and independence for the user and their carer, allowing them to take part in everyday activities, despite having reduced mobility
- A wheelchair can allow the user to continue to enjoy their favourite activities, whether that is going around the local park, visiting the shops, catching up with friends or heading to a gallery. A wheelchair gives the user a more active lifestyle that may result in a more positive outlook on life
- The wheelchair's design features, such as contoured and padded seating, improve postural support and comfort when out and about

Carer Support:

- The lightweight and compact frame make it easier for formal or family carers to fold and lift the wheelchair in and out of the car for quick set up on arrival
- Attendant operated handbrakes with parking lock improve safety for the carer and wheelchair user

SPECIFICATIONS

Model	Overall Length	Overall Width	Overall Height	Seat Depth	Seat Width	Anterior Seat Height	Posterior Seat Height	Backrest Height	Armrest Height	Safe Working Load	Rear Wheel
	mm/in	mm/in	mm/in	mm/in	mm/in	mm/in	mm/in	mm/in	mm/in	kg/st	in
Vida – AP	995/ 39	650/ 25.5	930/ 36.5	420/ 16.5	400/16 450/18 500/20	500/ 19.5	460/ 18	430/ 17	200/ 8	135/ 21	13
Vida – SP	1040/ 41	690/ 27	950/ 37.4	420/ 16.5	400/16 450/18 500/20	500/ 19.5	460/ 18	430/ 17	200/ 8	135/ 21	22
Vida X – SP	1020/ 41	690/ 27	950/ 37.4	420/ 16.5	450/ 17.7	500/ 19.6	460/ 18	430/ 17	200/ 8	135/ 21	22

MINIMUM CHAIR WEIGHTS

Attendant Propelled



Vida - 400/450mm



Vida - 500mm

Self Propelled



Vida - 400/450mm
Vida X - 450mm



Vida - 500mm

Minimum weight refers to the weight of the wheelchair with the legrests removed (AP model) or legrests and wheels removed (SP and VIDA X SP models)

5 YEARS WARRANTY
Frame

1 YEAR WARRANTY
Fabric & Components

COMPLIANCE

AS/NZS 3695.1: 2011

MAINTENANCE

Weekly	<ul style="list-style-type: none">• Check brakes are functioning properly• Check all fastenings such as nuts, bolts and hinges are fastened correctly and functioning normally
Periodically	<ul style="list-style-type: none">• Check for signs of wear on front castors• Check for signs of wear on rear tyres
Yearly	<ul style="list-style-type: none">• Service to be completed by authorised Aspire service agent
Serviceable Components	<ul style="list-style-type: none">• Wheels & Tyres• Forks• Axles• Armrest receivers• Seat sling• Footrest mounts• Footplates• Armrest Pads

Care for your chair:

- Check tyre condition at least twice per month.
- Check that rear wheel spokes are not loose. Loose wheel spokes can reduce the strength of the rims and must be safely adjusted by a qualified technician.
- Always keep rear wheel axles clean and free from dirt and hair build up.
- Brakes should be checked regularly.

Cleaning instructions:

- Clean the wheelchair regularly with a damp cloth
- Use a mild washing agent and warm water for excess dirt build-up
- **DO NOT** use harsh abrasive or bleach-based agents which may cause damage or discolouration.
DO NOT use the wheelchair if damages are found on the seat or backrest upholstery.
- Dry with a soft cloth

AIDACARE KNOWLEDGE HUB

Aidacare Website:

- [Aspire Vida Folding Wheelchair - Attendant Propelled | Aidacare](#)
- [Aspire Vida Folding Wheelchair - Self Propelled | Aidacare](#)
- [Aspire Vida X Folding Wheelchair - Self Propelled | Aidacare](#)

PDF Resources:

- [Aspire Vida Wheelchair Flyer](#)
- [Aspire Vida Wheelchair User Manual](#)
- [Vida X Wheelchair Flyer](#)
- [Vida Wheelchair Clinical Assistance Guide](#)

Video Library:

- The Aspire Dash Wheelchair: youtube.com/watch?v=cuIqEUSrZmM
- Aspire Wheelchair Range Overview: youtube.com/watch?v=0aoJJKdGFRs